



Maranatha The House of God

Fasting Guide: January 2024

Transform your mornings into an hour-long devotion to God with the following components:

1. **15 Minutes of Prayer:** Begin your day with no less than a focused 15-minute prayer session. This dedicated time allows you to center yourself, express gratitude, and seek guidance for the day ahead.
2. **15 Minutes of Bible Reading:** Dive deep into your faith by spending the next 15 minutes immersed in the teachings of the word of God, the bible. This practice helps you connect with the core principles of God's word for your life.
3. **15 Minutes of Worship Through Music:** Elevate your spirit with a 15-minute session of worship through music. Listening to worship songs begins to set the atmosphere in your home for the day as well as connect your spirit man with that of our Heavenly Father.
4. **15 Minutes of Fasting Literature:** Dedicate the final 15 minutes to reading a book on fasting. This intentional time investment allows you to explore the spiritual and physical benefits of fasting, gaining valuable knowledge to enhance your growth journey as well as gain further context as to the "why" of fasting.

Guided Prayer Points

- **Season of Answered Prayers:**
 - Believing for prayers to be answered abundantly throughout this season.
 - Matthew 7:7: *"Ask and it will be given to you; seek and you will find; knock and the door will be opened to you."*
- **Debt Cancellation in 2024:**
 - Trusting for financial breakthroughs to eliminate all debts this year.
 - Proverbs 22:7: *"The rich rule over the poor, and the borrower is slave to the lender."*
- **Growth of Church & Leadership:**
 - Seeking expansion and development in the church community and leadership.
 - 1 Corinthians 3:6: *"I planted the seed, Apollos watered it, but God has been making it grow."*
- **20 Salvations Every Sunday:**
 - Praying for the salvation of 20 individuals each Sunday, bringing them into the faith.
 - Luke 19:10: *"For the Son of Man came to seek and to save the lost."*
- **Healing for My Family and Body:**
 - Declaring healing for family members and personal well-being in alignment with God's promises.



- Isaiah 53:5: *"But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds, we are healed."*
- **Freedom from Oppression:**
 - Canceling access to demonic spirits, bringing freedom to those oppressed.
 - John 8:36: *"So if the Son sets you free, you will be free indeed."*
- **City Embracing Peace:**
 - Invoking God's reformation for peace in our promised land, Chicago, and repentance in the city.
 - Jeremiah 29:11: *"For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope."*
- **Revival in the Church:**
 - Surrendering to God, becoming one with Him, and calling for a revival within the church.
 - Psalm 51:10: *"Create in me a pure heart, O God, and renew a steadfast spirit within me."*
- **Favor and Open Doors:**
 - Seeking favor and open doors in various aspects of life.
 - Isaiah 41:13: *"For I am the Lord your God who takes hold of your right hand and says to you, Do not fear; I will help you."*
- **Strengthening Core Family Unit:**
 - Focusing on fortifying the core family unit for stability and unity.
 - Ecclesiastes 4:12: *"A person standing alone can be attacked and defeated, but two can stand back-to-back and conquer. Three are even better, for a triple-braided cord is not easily broken."*
- **Strengthening Church Family Community:**
 - Building a strong sense of community and support within the church.
 - Hebrews 10:24-25: *"And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching."*
- **Deeper Presence of God:**
 - Longing for massive, deeper God-encounters both at home and in the church for revival.
 - James 4:8: *"Draw near to God, and he will draw near to you."*
- **Becoming One With God:**
 - Emphasizing the transformative power of surrendering to God.
 - Galatians 2:20: *"I have been crucified with Christ and I no longer live, but Christ lives in me."*